

FORMING GODLY HABITS



PHILIPPIANS 4:9

WHAT ARE HABITS?

- “a settled or regular tendency or practice, especially one that is hard to give up.” – Oxford Dictionary
- They are actions, not characteristics (Matt. 23:23).
- They are a means, not an end (1 Tim. 4:7; Heb. 10:35).
- They form a typical path (Prov. 3:1-2).
- They are not formed quickly or without failures (Prov. 24:16).
- Biblical habits are sufficient (2 Tim. 3:16-17).



THE VALUE OF HABITS

- They give us the ability to have greater focus (Psa. 63:6; Rom. 8:5).
- They keep us going in times of distress (Dan. 1:8; 6:10).
- They are the **ONLY** way to grow (2 Pet. 1:5; Heb. 5:12-14).
- They make it easier to come back when we fall (2 Sam. 12:13).

