

A CRY FOR HELP

- We need to be honest about our pain.
- But we need to be anchored in our expression.
- This is a cry rooted in humility.

STRIVING FOR GROWTH

- Comfort begins by seeing opportunity in the pain (Jas. 1:2-4; Matt. 26:39).
- We meet adversity with confidence by remembering who God is (Matt. 8:26-27; 19:29).
- Our song moves from sorrow to certainty (Rom. 8:31-37).

THE CONFIDENCE OF VICTORY

- On the other side of adversity, we need to look back and sing a grateful song of victory (Ex. 15).
- Reflection on past victories give us confidence in the face of future adversity (Heb. 11).

