

A pair of hands, made of crumpled white paper, are shown holding a large, solid red heart. The heart is the central focus, and the hands are positioned around it, palms up. The background is a dark, textured grey. Overlaid on the heart and hands is the text 'PROOF OF LOVE' in white, uppercase letters. Below the heart, a red banner contains the text '1 John 4:20-5:5' in white, lowercase letters.

PROOF OF LOVE

1 John 4:20-5:5

Two Proofs

- You can't love God and hate your brother (4:20-5:1).
- This is the visible proof that you love an invisible God.
- We know that we love our brethren if we love God (5:2).
- This is clarifying language (5:3).



Not Burdensome

- He connects this to overcoming the world through faith (5:4).
- That faith is that Jesus Christ is the Son of God (5:5).
- The faith and the burden have an inverse relationship.

