

LEARNING CONTENTMENT

Philippians 4:11

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IT IS ABOUT THOUGHTS

- It is not externals but something internal that defines the quality (Phil. 4:11).
- This is true even when we are talking about physical satisfaction (Prov. 25:16).
- Very often there is little to be done but change the way we think (Josh. 13:32).
- It is a quieting of the thoughts (Psa. 62:1-8).



ABNORMAL THOUGHTS

- Adjust desires not possessions (Prov. 23:1-5).
- Consider what we deserve (Matt. 5:3-4).
- Find value in every circumstance (2 Cor. 12:7; Jas. 1:2-4; 1 Pet. 4:19).
- Find the work we ought to do with what we have (Matt. 25:14-30; cf. Lk. 19:17).
- Keep your eye on the prize (Heb. 12:2).

