

The Lord's Day

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 - 1. The word translated "Lord's" connects "the Lord's day" to "the Lord's supper," a first-day-of-the-week observance (1 Cor 11:20; Acts 20:7).
 - 2. The first day of the week was linked directly to the resurrection of the Lord and the establishment of his church (John 20:1, 19, 26; Acts 2:1).

The eighth day [Sunday] is the beginning of another world; and therefore with joy we celebrate the eighth day, on which Jesus rose from the dead. (Barnabas, c. AD 75)

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 - 3. Christians gathered on the first day of the week (Acts 20:7; 1 Cor 16:2).

On the Lord's Day all Christians in the city and country meet together, because that is the day of our Lord's resurrection; and then we read the Apostles and Prophets. This being done, the president makes an oration to the assembly to exhort them to imitate and to practice the things which they have heard, and then we all join in prayer, and after that we celebrate the Lord's Supper; then they who are able and willing give what they think proper, and what is collected is laid up in the hands of the president, who distributes it to the orphans, and widows, and other necessitous Christians as their wants require. (Justin Martyr, c. AD 150)

From the beginning the Christians assembled on the first day of the week, called by them the Lord's Day, to read the Scriptures, to preach, and to celebrate the Lord's Supper. (Iranaeus, c. AD 180)

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The word "Lord's" means "belonging to the Lord [or] the Lord's" and was "often used in inscriptions and papyri to mean 'imperial,' [e.g., of] the imperial treasury, service, etc." (BDAG).

Dedicate Sunday to Jesus!

- If the first day of the week is "the Lord's day," then it belongs to Jesus, not us, and we must commit every Sunday to him. How do we do so?
 - 1. We must set apart the Lord's day for Christ by prioritizing the Sunday worship assemblies (Acts 20:7a; cf. vv. 6, 16; Heb 10:23—25).
 - 2. We must prepare for the Lord's day in advance by readying ourselves for worship before we arrive (e.g., Saturday; Acts 20:7b; Heb 10:22).
 - 3. We must engage in Lord's day activities by wholeheartedly participating in Bible study and worship (Acts 20:7c; cf. vv. 8—9; John 4:23—24).

